

2015-2018 Sevenoaks District 'Mind the Gap' Health Inequalities Action Plan

2016-2017 End of Quarter 2 Summary

Ref. Target How is that measured? Lead 15/16 16/17 16/17 Q1 16/17 Q2 Year DOT Notes No. Baseline Target Promote Healthy Weight for 1 Children Work with partners to These programmes will be delivered in quarters 3 and 4. Six families (13 individuals) have already SDC Healthy Support parents and children to support healthy weight 2 50 Green 1.1 0 0 initiatives for young maintain a healthy weight Living Team registered for the programme. people Attendances at family Support parents and children to Kent Adult 176 120 31 exercise/healthy living 37 Green maintain a healthy weight Education courses/workshops Support parents and children to Number of Children School Health 2144 650 316 0 Yellow maintain a healthy weight Supported Team, KCHFT There have been no events delivered in this quarter, due to the delivery officer role being vacant Support parents and children to Number of Parents School Health 0 0 56 Yellow Team, KCHFT maintain a healthy weight Supported New Number of attendances Support parents and children to measure 1.2 at Breastfeeding Peer PS Breastfeeding 600 226 126 Green maintain a healthy weight for 2016 Mentoring projects 2017 New measure Increase interaction between Attendances at Health KCC Children's 1.3 parents and children, including Promotion Projects run 90 36 0 Yellow No events have been run this quarter Centres for 2016 healthy lifestyles and active play with Childrens Centres 2017 No. of participants SDC Leisure Create new opportunities to build attending activity classes Team, Sencio 1.4 1766 250 93 36 Green physical activity into daily lives funded through external Community funding bids Leisure Support older people to keep them safe, independent and living fulfilled lives 2 Alzheimer Develop Dementia Friendly Dementia Communities, improve early No. of attendances at upport Services 476 500 345 2.1 diagnosis of dementia and provide Dementia cafes in the 336 Green - Alzheimers services and activities to support people living with Dementia North of the District Society Kent and Medway Develop Dementia Friendly Communities, improve early No. of Dementia events 2.2 diagnosis of dementia and provide KCC Libraries 2 4 0 4 Green Pictures to Share' events held in libraries held in libraries services and activities to support sufferers and carers Partnership working to promote and No. of people accessing 2.3 KCC Libraries 378 300 (avg 190 346 (avg) Green develop self help services Home Library Services No. of attendances at Increase referrals for home This measure does not include Swanley Falls Yoga, Chair Based SDC Healthy 2.4 adaptations and falls prevention 3500 3200 989 830 Green Attendance, which is not in at time of writing exercise and postural Living Team pathways to reduce the risk of falls (18/10/2016) stability classes Support older people and No. of people accessing West Kent 127 2.5 298 300 80 Green vulnerable people to remain in their Care Navigator Service Housing own homes and live independently

Ref. No.	Target	How is that measured?	Lead	15/16 Baseline	16/17 Target	16/17 Q1	16/17 Q2	Year DOT	Notes
3	Support businesses to have healthy workplaces								
3.1	Support Kent Healthy Businesses Award	No. of Businesses signing a declaration of intent to take part in the National Healthy Businesses Award	SDC	2	10	1	3	Green	SDC are working with 3 businesses, although none have formally been assessed EH continues to advertise the programme through environmental permit visits in the future
	Support Kent Healthy Businesses Award	No. of Businesses achieving the National Healthy Businesses Award	SDC	0	1	o	o	Yellow	
4	Meet the housing needs of people living in the District including affordable and appropriate housing								
4.1	Carry out an Older Persons Housing Needs Assessment to better understand the needs of older people	No. of people consulted about the Strategic Housing Market Assessment (SHMA)	SDC Housing	SHMA Completed	OPHNA successfu Ily tendered			Green	This action is currently on target and being completed by consultants
4.2	Provide affordable housing to meet identified needs of vulnerable groups	No. of affordable units developed	SDC Housing	9	70	20	8	Green	The number of new affordable homes is on target at the expected rate of delivery.
4.3	Work with developers, landlords and owner occupiers to provide adaptations to properties	No. of Disabled Facilities Grants approvedand installed	SDC Housing	120	80	24	36	Green	An additional 30 referrals came in through InShape this quarter. A part time Occupational Therapist is now employed to boost this further. A landlord event will be taking place on the 17th Oct.
5	Sustain and support safe communities								
5.1	Improve Road Safety	No. of speed watch enforcement operations taking place by trained volunteers	SDC CSU	New for 2016	10	1	10	Green	
5.2	Tackling Crime and ASB	All Victim Based crime Reduced compared to the previous year	SDC CSU	5548	<5548	1334	2774	Green	This is an increase of 7% on on the same time period last year, but is still on target for the number of crimes in the first six months of the plan (2774 crimes in the first 6 months)
6	Reduce the gap in health inequalities across the social gradient								
6.1	Reduce the prevalence of smoking, particularly in areas of deprivation	No. of people attending weekly Stop Smoking surgeries at Sevenoaks Library	KCC Libraries	New for 15/16	60	26	11	Green	
6.2	Reduce the prevalence of Type 2 diabetes through early detention and prevention	No. of attendances at Why Weight	SDC Healthy Living Team	1072	1000	398	65	Green	
6.3	Deliver activities to promote the benefits of increased physical activity and reduce obesity	No. of people attending SDC Health Walks	SDC Healthy Living Team	6849	7000	1847	1572	Green	This figure does not include Sevenoaks or Otford
	Deliver activities to promote the benefits of increased physical activity and reduce obesity	Usage figures for Sencio Centres/Facilities	Sencio Community Leisure	908015	908015 (+/- 10%)	231091	214262	Green	
	Deliver activities to promote the benefits of increased physical activity and reduce obesity	No. of Attendances at KAES Exercise Classes (All ages)	Kent Adult Education	806	300	329	96	Green	
	Deliver activities to promote the benefits of increased physical activity and reduce obesity	No. of GP or health professional referred clients	Sevenoaks District Council	New for 16/17	110	21	9	Green	
6.4	Deliver disability inclusive fitness activities	No. of attendances at dance and exercise classes at Mencap Hall	Mencap	12	12	12	10	Green	
	Deliver disability inclusive fitness activities	No. of Sevenoaks District residents benefiting from MIND fitness activities	West Kent Mind	1250	915	0		Data Missing	Awaiting data expected 12 Dec